



# St. Johns Caregiver Support Group

**In Person Meeting  
2nd Wednesday of Each Month  
1:00 PM**

**St. Johns Public Library  
35 South 3rd West  
PO Box 766  
St. Johns, AZ 85936**

**For more information or to register:  
Jaymie Lewis-Smith  
928.337.4923**

**Build a support system with people who understand.**

Alzheimer's Association® support groups, conducted by trained facilitators, are a safe place for people living with dementia and their care partners to:

- Develop a support system.
- Exchange practical information on challenges and possible solutions.
- Talk through issues and ways of coping.
  - Share feelings, needs and concerns.
- Learn about community resources.

Visit [ALZ.ORG/DSW](https://www.alz.org/dsw)

**Recommended for Caregivers Only**  
**Please make arrangements for your loved one prior to attending the group.**